

Week 3: Growing in Integrity When No One is Watching and Allowing God to Shape the Heart, not Just Behavior

Speaker: Kaye Johnson

What Integrity Really Is (Psalm: 26:1-3)

- Rooted in identity, not performance
- Be known for who you are, not what talents you are able to perform.
- Integrity in relationships changes everything.
- God is concerned with our heart before actions. (Proverbs 4:23)
- God cares who we really are when no one else sees us.
- Integrity is a natural byproduct of a heart shaped by God.

Building Integrity in Hidden Moments

- Small unseen choices form character.
- Integrity grows in:
 - Private discipline (time, habits, focus)
 - Thought life (what you dwell on)
 - Digital behavior (what you consume when alone)
- Discuss: Share a time when you feel like you displayed integrity

The Shaping of the Heart: Inner Life Matters Most

- Behavior can be modified but the heart must be transformed. (Isaiah 64:8)
- Hidden thoughts, motives, and desires shape visible actions. (Jeremiah 17:9)
- Discuss: Share a brief story of how God has been shaping or has shaped your heart over time

Surrendering the Heart, Not Just Managing Behavior

- Behavior management (Psalm 19:14)
- Heart transformation (Psalm 51:10)
- Discuss: What daily habit could help you develop a transformed heart?

Key Habits: Honest prayer | Confession without excuse | Ask God to reshape your desires. (Psalm 86:11)

Aligning Actions with Convictions

- Identify core values rooted in faith.
- Close the gap between belief and behavior.
- Practice consistency in small things.
- Exercise: Write down 3 convictions and track if your daily actions reflect them.

Embracing Conviction without Shame

- Conviction is an invitation to grow.
- Shame is distortion that leads to hiding.
- God does not condemn. He allows conviction to restore.

Response Pattern

- Acknowledge honestly.
- Turn back quickly.
- Receive grace.
- Adjust direction.

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Practicing Spiritual Disciplines that Shape the Heart (Not Performance Tools, but Formation Tools)

- ## Becoming Whole Over Time

- You don't rise to your public intentions – you fall to your private habits. REMEMBER, who you are will always matter more than what you do. (Philippians 1:6)**

- If God were to provide clarity today, what is one thing you'd want Him to change in you?

NOTES:

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